

Prostate cancer facts

1 in **9** Australian men will get prostate cancer

1 man dies of prostate cancer every **3** hours

Men over 40, and with a family history of the disease, should talk to their GP

Today, there are more than 61 000 Australian men fighting prostate cancer. Help fight the disease that deprives so many families of their fathers, sons, brothers and grandfathers by taking part in *Talking PC*.



How to help by *Talking PC*

Remember you can help fight prostate cancer by:

- Organising a *Talking PC* barbeque, morning tea or office collection.
- Holding a *Talking PC* challenge event.
- Making a donation.
- Talking about prostate cancer with your friends, family and work colleagues.

For more information and to register
Visit www.talkingpc.org.au
or call **1800 440 155**

Thank you for your support.

www.talkingpc.org.au



www.talkingpc.org.au



Office party

Sausage sizzle

TalkingPC
Targeting Prostate Cancer

Morning tea

BBQ

Donate

Challenge

You can help in the fight against prostate cancer by *Talking PC*.

With one in nine men developing the disease in their lifetime, prostate cancer is the most common cancer among Australians after non-melanoma skin cancer. Shockingly nine men die from prostate cancer every single day. Just imagine how many families will lose fathers, sons, brothers and grandfathers to this terrible disease.

Bringing hope through research

Mater Medical Research Institute (MMRI) scientists are working to better understand prostate cancer in numerous ways. They want to understand the molecular events underpinning prostate cancer—how it starts and spreads around the body. This includes the cancer spreading to the bones which is one of the most common areas for cancer to spread and currently bone cancer is incurable.

One team of MMRI scientists are working to identify what genes and proteins predispose men to developing prostate cancer with the goal of informing future generations of men, early in life, about their risks.

Another team are exploring how prostate cancer cells protect themselves in response to treatments with the view to developing strategies to sensitise cancers to therapy.

Through better understanding of the disease scientists at MMRI are contributing to the global fight against prostate cancer leading to better ways to diagnose and treat the disease.

You can help fight the disease that deprives so many families of their fathers, son and brothers.

How you can help

Talk about it!

Talking about prostate cancer saves lives. If you are male and aged over 40, face your fear and talk to your GP about regular checks. Like most cancers, prostate cancer is more likely to be successfully treated if it's caught in its early stages.

Everyone can help raise awareness of prostate cancer by taking part in *Talking PC* with work colleagues, family and friends.

Hold a *Talking PC* fundraiser

Support world-class research at MMRI by holding a *Talking PC* fundraiser—like a barbeque, morning tea or office collection. Register your event at www.talkingpc.org.au and then get your family, friends, work mates, local sporting club or community group together. We'll help you with fundraising tips and promotional material ... it couldn't be easier!

Hold a *Talking PC* challenge

Face your fear and hold a challenge event like climbing the Story Bridge or skydive and get your friends and family to sponsor you to raise funds for *Talking PC*.

You can hold your *Talking PC* fundraiser or challenge event at anytime. You might want to hold it in September during prostate cancer awareness month.

Make a donation

You can also help by making a tax deductible donation to prostate cancer research. Use the form opposite or visit www.talkingpc.org.au to make a donation today.

I'm Talking PC

Name: _____

Email: _____

Address: _____

Postcode: _____

Telephone: Home Business Mobile

I'm holding a Talking PC fundraiser and collecting donations

I'm facing my fear and holding a Talking PC challenge

OR:

I'd like to make a donation

Here is my gift of:

\$25 \$50 \$100 \$250 \$500 \$1000

\$ _____ Your choice

OR:

I would like to make a monthly credit card donation of

\$ _____

Please charge to my credit card:

Visa Mastercard American Express

Credit Card Number:

Expiry date: _____ Signature: _____

Name as appears on card: _____

Send to:

Reply Paid 67465 Mater Foundation
South Brisbane Q 4101
ABN 96 723 184 640

